

**WORKING TO BE A****Food Preparation Worker****What type of education is needed to be a food preparation worker?**

- High school diploma or equivalent is preferred
- Position can be learned through on the job training

**What licenses or certifications are needed to be a food preparation worker?**

- None required

**What is the work environment like for a food preparation worker?**

- Indoors, the kitchen area may be very warm
- Can be hazardous from grease and spills but using the correct safety precautions can reduce chances of accidents
- Requires long periods of standing, bending, and lifting

**What does a food preparation worker do?**

- Prepares a number of different foods other than by cooking
- Cleans, portions, cuts, and peels a variety of foods
- Prepares and portions foods and places on trays or serving dishes
- Prepares a variety of beverages
- Carries supplies and utensils to and from storage areas
- Stores food following instructions to prevent food from spoiling
- Gives food to waiters and waitresses to serve to customers
- Cleans work areas
- Prepares meats such as poultry, beef, pork, and seafood for cooking

**What is the normal pay range for a food preparation worker?**

- \$5.84–\$11.74 per hour

**How can a food preparation worker grow in their field?**

- Can become a supervisor
- Through training and experience, can move into a related career in food service

**The Source**

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